PHYSICIAN REFERRAL | DENTAL SLEEP MEDICINE

Maryam Avin, D.D.S. • Diplomate, American Board of Dental Sleep Medicine (ABDSM)

YOUR PATIENT. OUR SLEEP DENTISTRY TEAM.

You identify the patient. We coordinate the dental sleep evaluation, oral appliance treatment, follow-up, and communication with your office.

PATIENTS WHO MAY BENEFIT

- Loud or frequent snoring
- Observed pauses in breathing, choking, or gasping during sleep
- Excessive daytime tiredness or sleepiness
- Morning headaches or waking feeling unrefreshed
- Difficulty concentrating, remembering, or staying alert
- Diagnosed obstructive sleep apnea (OSA)
- Difficulty tolerating or using CPAP consistently
- Interest in oral appliance therapy when clinically appropriate
- Difficulty using CPAP because of comfort, travel, lifestyle, or other practical concerns
- Potential benefit from combination CPAP + oral appliance therapy

WHAT WE DO

- Perform a comprehensive dental sleep medicine evaluation
- Review sleep history, medical information, and sleep-study results
- Determine whether oral appliance therapy is appropriate
- Coordinate with the patient's sleep physician or qualified medical provider when sleep testing or medical evaluation is needed
- Provide custom oral appliance therapy when clinically appropriate
- Select, deliver, adjust, and calibrate the appliance
- Monitor treatment response, comfort, and tolerance
- Manage appliance-related side effects and make necessary adjustments
- Provide ongoing follow-up and maintenance
- Coordinate follow-up sleep testing when indicated
- Communicate relevant treatment progress and findings back to the referring physician

WHAT YOUR OFFICE CAN EXPECT

- Simple referral process
- We coordinate and manage the dental sleep medicine portion of your patient's care
- Clear communication with your medical team
- Follow-up and treatment monitoring
- Relevant findings and progress communicated back to you

WHY AVIN DENTAL CARE?

- Diplomate, American Board of Dental Sleep Medicine (ABDSM)
- Dedicated focus on dental sleep medicine and oral appliance therapy
- Collaborative approach with physicians and sleep-medicine providers
- Conveniently located in Leesburg, Virginia
- Medicare and Aetna participation

REFERRING IS EASY

Refer your patient to Avin Dental Care. We will coordinate the dental sleep evaluation and keep your office informed.